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Wednesday, November 18, 2015 metro.us | t: MetroNewYork | f: MetroNewYork

## PICTURE PERFECT HOLIDAY

How to have a Pinterest-worthy Thanksgiving. 23

Simon Pegg says he's more than a geek. 19

Jets fall, Giants climb in NFL rankings. 25



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## GETTING SYR-IOUS

After dodging the question for two days, Mayor Bill de Blasio said he would welcome Syrian refugees here, echoing statements he made before the Paris terror attacks. 4

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## INMATE DEATH LAWSUIT

**1** NYC has agreed to pay \$3.8 million to the family of a mentally ill inmate at Rikers Island jail who died in 2012 after swallowing corrosive detergent. Family members of Jason Echevarria have agreed to settle a suit contending that guards ignored pleas by the 25-year-old for medical help after he ingested a "soap ball" used to clean cells. **REUTERS**



## ONLINE HOLIDAY FRAUD

**2** Attempts by criminals to steal payment card information to commit fraud online are likely to rise, according to research by ACI Worldwide. The move by merchants and card issuers to switch to more secure chip cards for in-store purchases this year is likely to increase fraudulent attempts on transactions online. The research showed fraud rates by volume for transactions that don't involve physically swiping a card have increased in 2015, with one of every 86 transactions a fraudulent attempt. **REUTERS**

## LYFT'S RISING REVENUE

**3** Ride-hailing app Lyft, Uber's biggest competition in the United States, expects to reach \$1 billion in gross annual revenue, the company's co-founder told Reuters. Hitting a \$1 billion run rate over the next year would suggest privately owned Lyft has increased its market share in some critical U.S. cities. **REUTERS**



## NEW YORK JETS TACKLE HUNGER

**7** Glegor Douzable of the New York Jets attends the Food Bank for New York City's Community Kitchen of West Harlem on Tuesday in New York City.



ALL PHOTOS BY GETTY IMAGES

## JINDAL SUSPENDS RUN

**4** Louisiana Gov. Bobby Jindal said Tuesday he was suspending his campaign for the Republican nomination for president in 2016, saying it was "not my time." Jindal, speaking on Fox News, declined to endorse another Republican candidate, saying he would support the party's eventual nominee. **REUTERS**



## US DEFENSE STOCKS

**5** U.S. defense stocks are expected to rise if the Paris attack gives a bump to rising international sales. Lockheed Martin, Raytheon, and Northrop Grumman are among companies poised to benefit the most, analysts said. The stocks have risen 4 percent to 5.1 percent since Friday's carnage in Paris. "These stocks offer investors a positive exposure to geopolitical risks where the so-called threat environment keeps increasing, and that's only going to benefit the defense contractors," said David Klink, senior equity analyst at Huntington National Bank. **REUTERS**

## SUBWAY STATION SHOOTING

**6** Police were investigating a shooting inside a Brooklyn subway station Tuesday. The shooting happened at the Fulton Street/Utica Avenue stop servicing the A/C lines at about 5 p.m. Two men, ages 27 and 44, were injured in the gun fire. They were taken to Kings County Hospital Center in critical condition. **CRISTABELLE TUMOLA**



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# Crowded classes unfair to immigrants: report



Lawmakers and advocates are aiming to increase the budget for school construction and permanent classrooms.



CHESTER SORIA  
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New York City schools need to build more classrooms as the number of children from immigrant communities is expected to swell, a report said Tuesday.

Immigrant-rights advocates gathered in Queens and pushed for the city's Department of Education to address what they described as an unfair

burden specifically on increasingly diverse communities like those in Jackson Heights and Corona.

Local lawmakers voiced their support for creating a task force through the City Council to bring reforms about that would help the Education Department increase classroom seats citywide after the release of the report by Make the Road New York titled "Where's My Seat."

Diana Zarumeno, 25, told Metro New York she was afraid of what her daughter's overcrowded classroom at P.S. 81 might mean by the time state testing comes around.

Zarumeno said her daughter Joselyn began to notice her kindergarten teacher paying more attention to some classmates given the size of the classroom.

"My biggest concern is for whenever it's her turn to take a state test that she doesn't get to graduate to the next grade," she said in Spanish, adding that she's begun to tutor Joselyn at home herself.

"A teacher can't focus when she has 25 to 30 students in a room, and that's going to affect the children," Zarumeno said.

Local City Councilwoman Julissa Ferreras-

Copeland said her constituents' experiences over the past two decades merit a deeper look at a larger investment.

"With that understanding and the economic upturn, I think it is the right time to invest in school construction and creating a proper environment for New York City children to learn," she said.

The report pointed to a reliance on temporary classrooms and trailers as inadequate substitutes for permanent learning

*"For too long, students have been in overcrowded classrooms and in trailers."*

Devora

spaces, which a spokeswoman for the Department of Education said was already a priority for the agency.

"For too long, students have been in overcrowded classrooms and in trailers and we are committed to work with families, educators and partners around how to alleviate this," DOE spokeswoman Kaye Devora said in a statement.

That commitment includes \$4 billion dollars and 40,000 new seats, Devora said, adding that the department would engage families, community members and lawmakers "to ensure we are doing everything possible to provide the high-quality facilities that help our students thrive in and out of the classroom."



NYC students GETTY IMAGES

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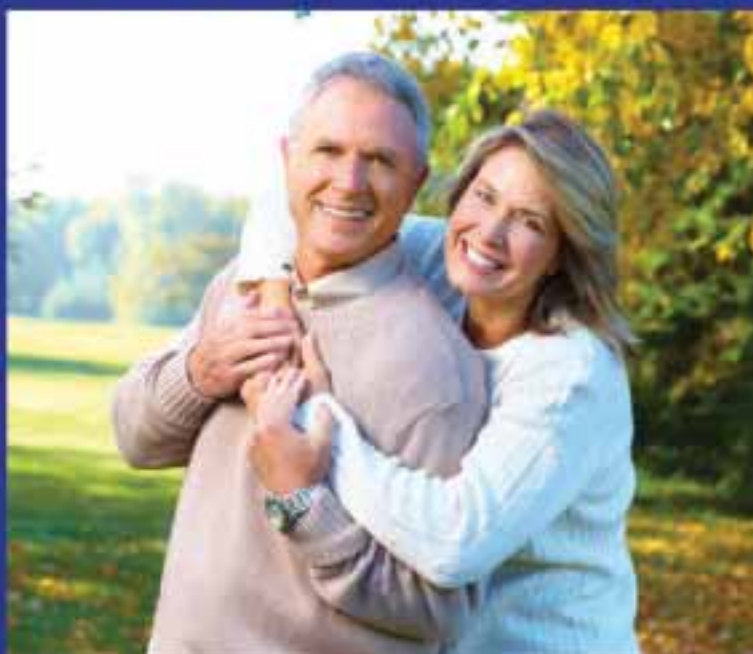
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Solar panels PROVIDED

## Solar sharing launches in NYC

New Yorkers who want to use the solar-sharing service are encouraged to sign up soon.



WENDY JOAN BIDDLECOMBE  
Wendy.Biddlecombe@metro.us

New Yorkers can now add solar energy to the list of things they can get on their smartphones.

Yeloha, a company that describes itself as a “solar-sharing network,” launched in New York on Tuesday.

New Yorkers can sign up for the service through the company’s website, which pairs people who want solar power but do not have solar panels on their roof with those who do. The solar panels are set to be installed this spring, and all you need to do is keep your utility company.

“We’ve been taught that good things cost more, like organic food. But in power, it’s really not the case,” said Amit Rosner, the company’s CEO and co-founder. “We used to think that solar is for rich people that live in the suburbs or can commit to 20 years or more with a perfect roof. We’re changing all of this.”

Rosner said although solar panels are significantly cheaper than they were five years ago, they can still cost about

\$20,000 for a small to medium roof.

Yeloha started in Boston earlier this year, where it said it has “hundreds” of customers. The company has recently partnered with Green Mountain Power to bring solar to about 265,000 customers in Vermont.

Rosner said Bostonians who use the service see an average 10 percent savings on utility bills. The service works through the utility provider, which measures the energy used from the solar panel, and credits the next bill for the amount saved.

Those who elect to

*“It’s a win-win for the host, subscriber and the environment.”*

Rosen

have the solar panel installed on their roof get to keep 20 percent of the energy, Rosner said. The rest is sent out to the solar-sharing network. The cost of the panel is paid for by a third-party. The company makes money through startup fees.

The panels will be installed this spring, likely on large municipal buildings, churches and private buildings in New York City. Rosner suggested those interested reserve a spot on the website at [www.yeloha.com/ny](http://www.yeloha.com/ny). An app will let users track clean energy the panels produce.

Rosner thinks the solar sharing service might have a more harmonious reception in the city than

Airbnb and Uber have, especially given the state’s recent commitment to renewable energy.

“There are always pros and cons, but I really see no downside to this,” Rosen said. “No one is losing anything. It’s a win-win for the host, subscriber and the environment.”

There are already solar sharing programs in New York that operate on community net metering with clusters of panels. Earlier this year, the New York Public Service Commission launched a shared renewables program that gives a credit on energy bills to those who take

part in a renewable energy project, which Rosner said Yeloha participates in.

Allan Drury, a ConEd spokesman, told Metro there are 6,252 solar installations in the five boroughs and Westchester as of Sept. 30: 467 in Brooklyn; 258 in the Bronx; 126 in Manhattan; 775 in Queens; 2,632 in Staten Island and 1,996 in Westchester. The total peak electricity is about 83 megawatts, and Drury said that roughly, 1 megawatt is enough to power 1,000 homes. By comparison, there were just 134 in the same area in 2009. A virtual map shows all the solar locations at [nycsolar-map.com](http://nycsolar-map.com).

“We encourage customers to look into whether solar is right for them, and you can tell by the numbers, people have responded,” Drury said.

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# Would you adopt these cute kittens now?

Orphaned felines dress to impress.

The Big Apple is tough for a little kitty, as hundreds of tiny felines are abandoned in New York's urban jungle. With this in mind, photographer Shaina Fishman teamed up with stylist Ryen Blaschke to create "Cats in Hats" — snaps of orphaned kittens wearing funny headgear — to shed light on the moggy's plight.

**"Cats in Hats" is amusing, but at heart has a serious side to it.**

Indeed. The project brings attention to New York's rescue groups. A great photograph not only raises the chance of a cat getting adopted, but it also drives volunteers and donations. A striking shot can also create interest in the important work shelters are doing across the city.



Fishman

**Do you have any particular feel-good story about animal adoption?**

Most recently, I have been working with the Southampton Animal Shelter [on Long Island] to photograph their cats and dogs. I focused that project on getting great images of the animals that had been living at the shelter for a long time. They were wonderful dogs but kept getting overlooked for various reasons. One dog has been there for almost two years. Just recently I got the news that she had been adopted. I don't

know if my image of her had anything to do with it — maybe it didn't, but maybe it did.

**Back to the cats. Tell us about the process behind the shoots.**

First, I had to decide which hats would be made. Ryen Blaschke and I came up with lists of headwear that were iconic and relevant. Ryen then hand-made all of the hats out of felt (except for the wigs). The shoots took place in the homes of volunteers that were fostering the kittens. I choose the kittens based on what character I thought they fit.

**How was your experience in working with these little felines?**

I absolutely love working with kittens. These kittens were all calm and seemingly enjoyed the attention and affection they received during the shoot.

DANIEL CASILLAS/MWN



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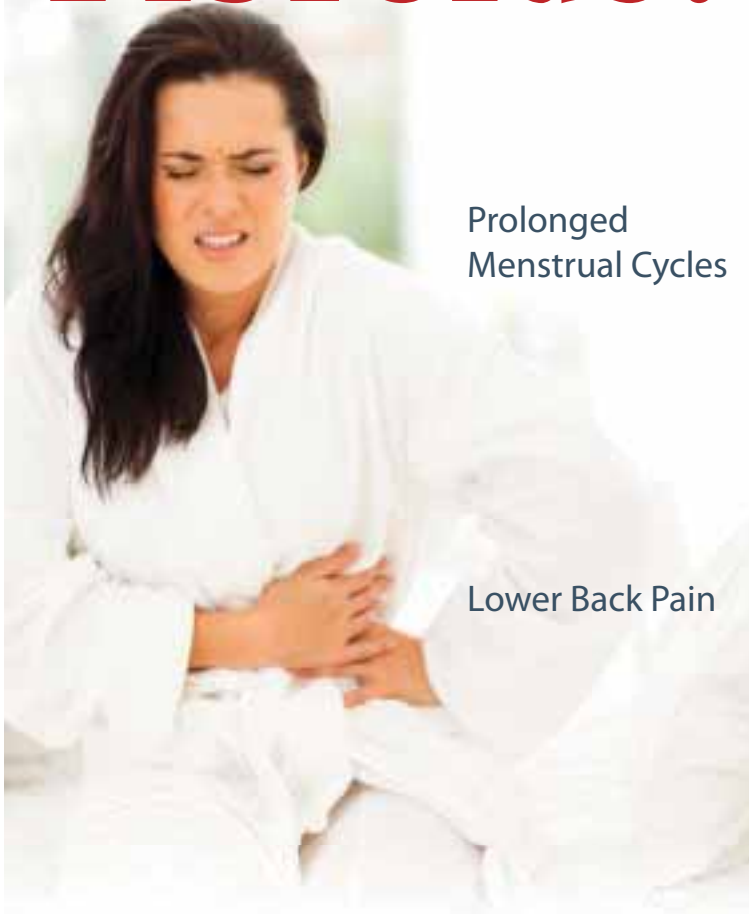
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## NYC leaders affirm support for refugees

Mayor Bill de Blasio speaks up on Syrian refugee crisis after avoiding questions following the Paris attacks last week.



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Less than 24 hours after Bill de Blasio avoided answering questions about where he stood on his previously stated support for United States welcoming Syrian refugees, the mayor said he would welcome them.

"We should not close our borders to any group of people fleeing the atrocities and horrors of terrorism," de Blasio said in a statement. "To do so is to hand terrorists a victory over our democracy, strengthened over the years by Americans who died or risked their lives for it."

The statement came shortly after City Council Speaker Melissa Mark-Viverito vocalized her opposition to a growing call from conservative leaders to shut Syrian refugees out of American borders for fear ISIS extremists could sneak in.

In an interview with WNYC, Mark-Viverito said



De Blasio GETTY IMAGES

*"We should not close our borders to any group of people fleeing the atrocities and horrors of terrorism."*

De Blasio

the United States' evaluation process for refugee applications is comprehensive and done differently from that in European countries.

"It's a moment for us to really speak up and demonstrate our collec-

tive decency as a country," she said. "We know that we are built as a nation that has welcomed immigrants fleeing persecution, and that is what's happening in the case of these refugees."

Earlier this year, de Blasio was one of 18 leaders from cities around the country who pressed President Barack Obama to accept at least 10,000 Syrian refugees escaping the war-torn nation.

The investigation following Friday's coordinated attacks in Paris that killed at least 129 led authorities to find a Syrian passport they originally believed belonged to a man who applied for refugee status.

Presidential candidate and New Jersey Gov. Chris Christie spoke out against the Obama administration's refugee policy. Asked by a radio host if he would accept even "orphans under the age of 5," Christie stood firm.

"The fact is that we need appropriate vetting," Christie said, "and I don't think orphans under 5 should be admitted into the United States at this point."

In a statement, de Blasio called Christie's comment "an embarrassment to this country" as well as "callous, heartless and prejudiced."

## Cuomo: Govs can't reject refugees

Gov. Andrew Cuomo distanced himself from an increasing number of governors across the country denouncing a federal commitment to bring in 10,000 Syrian refugees.

"Where does it say in the state constitution you can refuse a person placed by the federal government?" Cuomo asked Tuesday in a conversation at Harvard University.

"What? Are you going to have your militia fight the federal government at the borders of your state? It's a pure political statement," he added.

Almost 2,000 refugees from Syria have been placed across the

United States since conflict broke out in the country in 2012, and the Obama administration repeated its commitment to bring in at least 10,000.

Some 26 governors announced by late Tuesday they would not cooperate with the Obama administration's plan, including New Jersey Gov. Chris Christie.

Beyond the lack of authority by governors to block refugees, Cuomo said accepting immigrants escaping Syria is part of the American dream.

"We have to protect Americans and not lose our soul as America in the



Cuomo BESS ADLER

process," the governor said. "The day America says, 'Close the gates, build the wall,' then I say take down the Statue of Liberty, because you've gone to a different place."

CHESTER SORIA

# Skelos helped son get paid, jury told

Prosecutor said state Senate leader tried to "line the pockets" of his family.

A former leader of the New York state Senate strong-armed three companies to pay his son over \$300,000, knowing his position to influence policy crucial to their businesses meant "they couldn't say no," a federal prosecutor said Tuesday.

Dean Skelos, a Republican, sought to corruptly direct commissions and jobs to his son, Adam, to "line the pockets of the Skelos family," prosecutor Tatiana Martins said at the start of the Skelos' trial in Manhattan federal court.

"This case is about the age-old tale of the abuse of political power for personal greed," Martins said



Dean Skelos GETTY IMAGES

in her opening statement.

But Robert Gage, the politician's attorney, countered that while Dean Skelos, 67, supported his son as any father would, he never engaged in any quid pro quo to direct money to his son.

"The office of Dean Skelos was never for sale," Gage said.

The opening statements came at the start of one of the highest-profile trials to spill out of corruption scandals involving members of the state leg-

islature in Albany.

The trial began as jurors continued to hear evidence in the case against Sheldon Silver, the former New York State Assembly speaker and Democrat who was one of the state's most powerful lawmakers.

Both cases are being pursued by the office of U.S. Attorney Preet Bharrara in Manhattan, who has criticized Albany for being "one of the most corrupt governments in the nation."

Christopher Conniff, Adam Skelos' lawyer, countered that his client had been seeking employment where he could find it, not through corrupt means.

"The government is trying to turn a very normal father-son relationship into a crime just because of who his father is," he said. REUTERS

# FanDuel: No NY players

New York's top prosecutor Tuesday filed for a temporary injunction that would shut down daily fantasy sports leaders DraftKings and FanDuel in the state in the latest blow to the fast-growing, multi-billion-dollar industry.

Daily fantasy sports gaming "is nothing more than a rebranding of sports betting," New York Attorney General Eric Schneiderman said in legal documents filed in a Manhattan court. "It is plainly illegal."

In response to the attorney general's moves, FanDuel stopped allowing New Yorkers to play in paid contests as of Tuesday afternoon.

"We believe that this

restriction is temporary and we hope to be able to offer our paid contests to New Yorkers again very soon," FanDuel said.

DraftKings said it's business as usual in the state.

New York has more daily fantasy sports players than any other state, according to Eilers Research, so being forced to shut down there could cripple the companies.

The move by Schneiderman followed a failed effort by the two fantasy sports companies Monday to obtain an order that would have headed off Schneiderman's proceeding. A hearing is set for Nov. 25. REUTERS



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Bunions & Hammertoe Correction

# Unarmed man shot by Minneapolis police dies

A 24-year-old black man said to be unarmed who was shot by Minneapolis police Sunday has died, a local television station reported Tuesday, citing his brother.

Community activists have identified the deceased as Jamar Clark, who they said was unarmed, handcuffed and shot in the head. Officials have declined to identify the person or confirm he died, but police said he was not handcuffed when he was shot.

The Hennepin County Medical Examiner's Office said a man tentatively identified as Jamar Clark died Monday at 9:25 p.m. Shawn Wilson, operations manager at the medical examiner's office, declined to confirm Clark's age or race.

Wilson said the medical examiner's office was



Jamar Clark was shot by police in Minneapolis. TWITTER

treating the case as a homicide investigation. Hennepin County officials said they would release information on the case later Tuesday.

Clark was taken off life support Monday night, a reporter with KARE television said on Twitter.

Clark's death has sparked protests and dozens of arrests.

Minneapolis Mayor

Betsy Hodges said Monday she had requested a federal civil rights investigation into the shooting, which has set off protests.

The Minnesota Bureau of Criminal Apprehension was continuing its own investigation and will hand over the results to prosecutors.

Activists blocked the entrance of a police pre-

cinct following the shooting and briefly flooded an interstate highway late Monday, demanding authorities release video of the incident.

Minneapolis Police Chief Janeé Harteau, who spoke at a news conference with Mayor Hodges on Monday, said police were not yet releasing the names of two police officers involved in the incident.

Police said about 12:45 a.m. on Sunday they responded to a report of an assault and shot a suspect during a struggle after the person interfered with paramedics on the scene.

The suspect was not in handcuffs during the struggle with police and was taken by ambulance to Hennepin County Medical Center, police said. REUTERS

## BRIEFS

### Suspect video sparks passengers' removal at Baltimore airport

Four passengers were taken off a Spirit Airlines flight at Baltimore on Tuesday after one who "appeared to be Muslim" viewed what another passenger thought was an Islamic State video, a government source said.

Checks of the three men and a woman and their baggage found nothing suspicious, said the source, who spoke on condition of anonymity. They were released without charges, the source said.

Spirit said the incident took place when Flight 969 from Baltimore-Washington Airport to Chicago O'Hare Airport was taxiing to the runway.

"A passenger alerted a flight attendant of a passenger engaged in suspicious activity on board," it said. The plane returned to the gate, and police removed the four.

The government source said a female passenger who "appeared to be Muslim" was watching a video on her phone that another passenger thought was from the Islamic State. The militant group has claimed

responsibility for the attacks in Paris on Friday that killed 129 people.

WJLA television in Washington reported the four passengers appeared to be in their early 30s and of Middle Eastern ancestry. They were carrying several backpacks. REUTERS

### DoJ to take action against dietary supplement makers

Federal agencies including the Department of Justice announced Tuesday criminal and civil actions related to unlawful advertising and sale of dietary supplements.

Shares of dietary supplement makers GNC Holdings Inc. were down 24 percent in afternoon trading, while those of Vitamin Shoppe fell nearly 8 percent and Herbalife Ltd. 2.5 percent.

Herbalife spokesman Alan Hoffman said in an email the investigation had nothing to do with the company. Representatives of GNC and Vitamin Shoppe were not immediately available for comment. The companies were not named in the announcement and all recovered to close down slightly. REUTERS

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French army Rafale fighter jets sit on the tarmac at a military base at an undisclosed location in the Gulf. GETTY IMAGES

## France and Russia strike Islamic State

Islamic State has claimed responsibility for a coordinated assault in Paris on Friday and the downing of the Russian jet over Sinai on Oct. 31.

France and Russia bombed Islamic State targets in Syria on Tuesday, punishing the group for attacks in Paris and against a Russian airliner that together

killed 353 people, and made the first tentative steps toward a possible military alliance.

Syrian targets hit by Russian long-range bombers and cruise missiles Tuesday included the Islamic State stronghold of Raqqa, while French warplanes also targeted Raqqa on Tuesday evening — the third such bombing raid within 48 hours.

Paris and Moscow are not coordinating their operations, but French President Francois Hollande has called for a

global campaign against the radicals in the wake of the Paris attacks.

The Kremlin said Russian President Vladimir Putin spoke to Hollande by phone and had ordered the Russian navy to establish contact with a French naval force heading to the eastern Mediterranean, led by an aircraft carrier, and to treat them as allies.

"We need to work out a plan with them of joint sea and air actions," Putin told military chiefs.

REUTERS

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# Soccer game in Germany canceled over bomb fears



Apart from the stadium, police also evacuated Hanover's TUI multipurpose arena, where a concert was about to start.

A soccer game between hosts Germany and the Netherlands that German Chancellor Angel Merkel was due to attend in Hanover was called off two hours before its scheduled start Tuesday over fears of a planned bombing.

"We had received specific indications that an attack with explosives was planned," Hanover Police President Volker Kluwe told state broadcaster NDR.

"We took them seriously, and that is why we took the measures," he said.

Police vans with loudspeakers ordered fans to leave the stadium as heavily armed officers positioned themselves outside the arena.

"The [spectators], who were already in the stadium at that time, were asked to leave the stadium without panicking," police said in a brief statement.

Interior Minister Thomas de Maiziere was to hold a news conference later Tuesday to provide more information.

After the attacks in Paris on Friday, some of which targeted the stadium where Germany was playing France in the French capital, security measures in Hanover had been tight.

Merkel was set to attend with Vice Chancellor Sigmar Gabriel and several government ministers in a show of solidarity with France.

"We were rerouted on our way to the stadium and are now in a safe area," German team spokesman Jens Grittner said on Twitter. "We cannot say more at this moment."

Two Dutch government ministers attending the match — Defense Minister Jeanine Hennes and Health and Sport Minister Edith Schippers — were returning home.

Interior Minister Thomas de Maiziere said the threat was credible and cancelling the game was the right thing to do, but did not provide any details.

"I understand the question but I will not



German police stand outside the HDI-Arena in Hanover on Tuesday. GETTY IMAGES

answer it," he told a hastily convened news conference when asked what had forced the decision. He said divulging details could undermine security at other events.

"I am asking for an advance of trust from the German people. We will have such cases in the future, maybe not

Hanover but somewhere else," he said.

After Friday's attacks in Paris security measures in Hanover had been tight. In a show of solidarity, Merkel was set to attend the soccer match with Vice Chancellor Sigmar Gabriel and several government ministers.

World champions Germany had not initially wanted the game to go ahead after having played in Paris on Friday as a wave of attacks hit the city, killing 129 people.

The contingent of 80 Germans, including players, coaches and staff, then spent the night

holed up in the changing rooms of the Stade de France stadium, before heading for the airport Saturday morning.

But the players, coaches as well as the national football association then decided to go ahead with the Hanover game in a gesture of solidarity with France. REUTERS

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# Egypt detains two airport staff over Russian air crash



Debris of the A321 Russian airliner on the ground a day after the plane crashed in Wadi al-Zolomat, a mountainous area in Egypt's Sinai Peninsula. GETTY IMAGES

Two employees of Egypt's Sharm el-Sheikh airport have been detained for questioning over the crash of a Russian airliner that killed all 224 people aboard, two security officials and an airport employee said Tuesday.

"Seventeen people are being held; two of them are suspected of helping whoever planted the bomb on the plane at Sharm el-Sheikh airport," said one of the security officials, both of whom spoke on condition of

anonymity.

The second security official said CCTV footage showed a baggage handler carrying a suitcase from an airport building to another man, who was loading luggage onto the doomed airliner from below the plane on the runway.

An airport media department employee, who also preferred to remain anonymous, confirmed two members of the ground crew had been detained for questioning.

Egyptian Interior Minister Magdi Abdel Ghaffar said there were no arrests. "This news is incorrect. It was probably reported because of the strict inspection checks that all airport workers are undergoing," he said.

Russia's FSB security service said Tuesday it was certain a bomb had brought down the Airbus jet Oct. 31, joining Britain and the United States in reaching that conclusion.

Egypt has not yet formally confirmed that

a bomb was the cause, saying it wants to await the completion of all investigations.

It was not immediately clear what role the employees said by security sources to have been detained had at Sharm el-Sheikh airport. REUTERS

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# Baby Boomers May Avoid Knee Surgery With Modern Arthritis Treatments

## Doctors say these two factors are the keys to knee arthritis treatment success and relieving pain without surgery

By Matt Edgar

America's Health Writer

**New York City** - Everyone has said it at one time or another. If I had only known about "this" sooner - things would be very different today.

That's what many knee arthritis pain sufferers are saying about this technology and treatment.

*"We all know that countless lives are being saved every year because of early detection and better treatment of cancer,"* noted the clinic director at the OsteoRelief Institute in New York City. *"The same holds true for treating knee arthritis pain. I believe we are having so much success at OsteoRelief Institute because of two factors: One is we are using advanced medical technology and treatments a lot of clinics do not use. And second, the word has spread to our community and so many knee arthritis sufferers are coming in sooner. And the earlier we can treat knee arthritis - the better the results. The key to avoiding knee replacement surgery is doing the correct treatments as soon as possible."*

**What is the "correct treatment?"**

*"That depends,"* said the director. *"There is no one answer when it comes to medical conditions and knee arthritis is no different. That's why, if you have knee pain, you should have it evaluated by a doctor who deals with and treats knee pain every day,"* added the director.

For many knee arthritis pain sufferers the right treatments is viscosupplementation. In this treatment, a preparation of Hyaluronic acid (such as Hyalgan) is injected directly into the knee joint.

Hyaluronic acid is a natural lubricant and shock absorber of your joints and is found to be decreased in arthritis sufferers. This is similar to running your car low or without oil. Obviously, the sooner you put oil back in the car - the less damage will be done. That's why some doctors feel early viscosupplementation gets the best results and is so important for avoiding surgery.

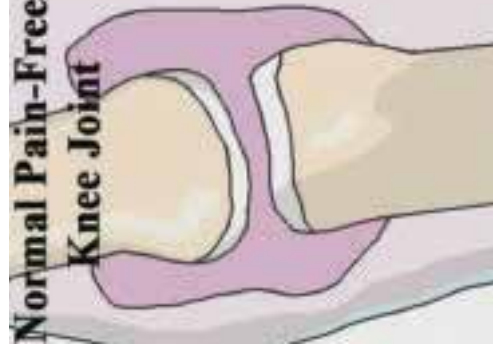
The director, believes one of the most important factors for the success of viscosupplementation is making sure you are getting it into the joint space. That's why the doctors at OsteoRelief Institute use advanced imaging technology called a "C-Arm."

A C-Arm allows the doctor to see into the joint and actually watch the injection go where it is supposed to. Research shows that performing injections without digital imaging can result in missing the joint space as much as 30% of the time. If you had viscosupplementation treatments without advanced imaging and did not get good results - this may be why.

*"If you have knee arthritis pain, viscosupplementation might be the answer you are looking for. The keys are to not wait, get a good evaluation from an expert and make sure advanced digital imaging (C-Arm) is used to make sure you have the best chance for success."*



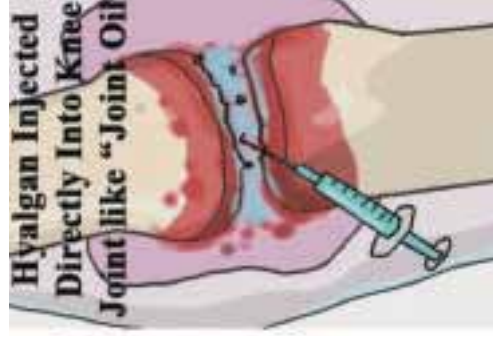
**Can This Be Avoided?** Total knee replacement is serious surgery requiring months of rehabilitation. Some doctors think modern treatments done early enough can keep baby boomers from going under the knife.



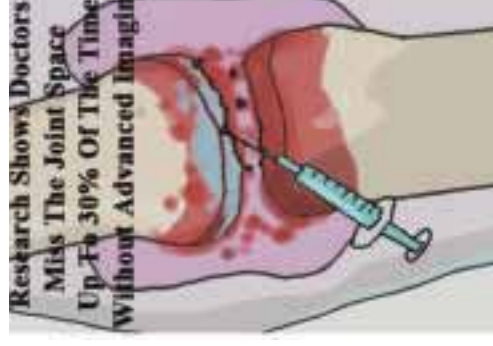
**Everyone Wants Proof:** In the artist simulated drawings above, picture #1 is a normal, pain-free knee. There is no arthritis and the knee can move and bend freely without pain.



**Pain** - the red is a knee joint with painful osteo-arthritis. Arthritis causes the joint space to decrease, grinding, stiffness, decreased motion, bone spurs, swelling and a lot of pain.



**Successful Treatment** - Hyalgan (blue) being precisely injected directly into the knee joint using laser guided hologic imaging. Advanced imaging allows treatments to be as precise as possible. Hyalgan can lubricate the joint and decrease pain.



**Failed Treatment** - the injection (and Hyalgan) misses the joint space. Research shows this occurs up to 30% of the time without the use of laser guided hologic imaging to guide the injection. This is why Hyalgan may not have worked for you.

# Knee Pain Screenings Offered To Help Determine If New York Metro Area Residents Qualify For Popular Treatment

## Knee pain sufferers have limited time to claim knee pain screening to see if all-natural knee arthritis treatment might work for them

If you qualify for this treatment, it might be one of the happiest days of your life.

That's because, for the past year and a half, hundreds of knee pain sufferers have flocked to OsteoRelief Institute New York City.

That's when their specially trained-doctors added Hyalgan treatments to their already successful comprehensive knee pain relief program.

Viscosupplementation is unique because - even-though it is manufactured by a pharmaceutical company, it is NOT considered a drug because it is a natural substance with an incredible story.

### Why So Many Want It

You see, when you suffer with arthritis - the lubricating fluid (synovial fluid) in your knee joint dries up.

This means instead of gliding smoothly - your bones start to rub and grind against each other.

This causes a little pain in the beginning - but over time the pain steadily gets worse until it is excruciating.

### Like "Joint Oil"

Viscosupplementation works so well because it is like 'joint oil.' It is a natural substance that contains one of the natural building blocks of the synovial fluid that lubricates your knee.

Scientists and researchers discovered this natural building block to synovial fluid in the rooster's comb - that big red thing on top of the rooster's head. It is extracted from the rooster's comb, purified and concentrated.

When it is injected directly into your knee joint, it is like squirting oil on a rusty door hinge.

Viscosupplementation allows your joints to glide more smoothly eliminating a lot of the rubbing, grinding and pain.

### Can Supplements Do The Same Thing?

No. Glucosamine and chondroitin and other supplements are much different. You

can only get this from a doctor and it often helps knee pain sufferers who got limited or no success from glucosamine and chondroitin. Beware of unsubstantiated claims made by supplements to do what this advanced medical procedure does.

### Why You Should Try This Even If You've Already Had Similar Treatments Without Results...

*"We have been able to help so many knee pain sufferers - even many who have already tried other injections like Synvisc, Supartz, Orthovisc and even Hyalgan. We use special and very advanced advanced low dose video fluoroscopy imaging called "Hologic Digital Imaging" so we can see right into the joint. This allows us to put the Viscosupplementation exactly where it needs to be. Studies show doctors doing joint injections without fluoroscopy miss the joint up to 30% of the time."* said the director of Arthritis Treatment at Osteorelief Institute.

OsteoRelief Institute is a state of the art medical facility offering only the best technology.

**And that's not all** - OsteoRelief Institute has a complete knee relief program called "P.A.C.E." to make sure you get the most pain relief and the best possible results from treatment.

*"Every case is individual. Some patients get quite a bit of relief right away - others take a little more time. But most have been extremely happy. We've noted results lasting no less than 6 months for many but up to 2 years for some patients.. Patients who were suffering for years with bad knee pain are getting their lives back... going for walks again and exercising. It's amazing to see. They tell all their friends - that's why we are swarmed. I can't tell you how many patients have cancelled their total knee replacement surgeries."* added the director.

### How To Get I

If you have knee pain, the director would like to invite you for a no obligation screening to see



**Advanced Medical Technology Can Make All The Difference:** This advanced digital imaging called a C-arm allows doctors to see directly into the knee joint so treatments are precise and the Hyalgan actually goes where it is supposed to. Studies show that injections done without digital imaging can miss the joint up to 30% of the time. This is one reason Hyalgan or other Viscosupplementation may not have worked for you. OsteoRelief Institute uses this C-arm for every Hyalgan treatment.

if you are a candidate for Hyalgan treatments and the P.A.C.E program.

**All you have to do is call 201-474-5595** right now and when the scheduling specialist answers the phone tell her you would like your no obligation "Knee Pain Screening." The specialists at OsteoRelief Institute can only accept a limited amount of new patients each month for this screening - so if you are interested please call now. Your no obligation screening will only take about 25-30 minutes... you will get all your questions answered and leave knowing if you have possibly found the solution to your knee pain.

### And here's something really important

- Viscosupplementation treatments and the P.A.C.E program are covered by most

insurance and medicare. To schedule your no obligation screening or if you have any questions call 800-227-KNEE (5633).

### If You Can Answer Yes - You Are Eligible For A Knee Arthritis Screening With The Experts At OsteoRelief Institute

- ▶ Do you have pain and osteoarthritis (arthritis) of the knee?
- ▶ Have you tried other treatments such as NSAIDS and other anti-inflammatory medications without success?
- ▶ Have you already tried viscosupplementation (Hyalgan, Supartz, Synvisc) without satisfactory results?

If you answered yes to any of these questions - give OsteoRelief Institute a call and schedule your no obligation knee pain screening 800-227-KNEE (5633).

## Charlie Sheen confirms he's HIV positive

Troubled actor Charlie Sheen revealed Tuesday morning on the "Today" show that he is HIV positive and that he was diagnosed four years ago. "It's a hard three letters to absorb. It's a turning point in one's life," Sheen told Matt Lauer. "I have to put a stop to this onslaught, this barrage of attacks and of sub-truths and very harmful and mercurial stories that are about me, that threaten the health of so many others that couldn't be further from the truth," the actor said, presumably referencing a National Enquirer expose on him due this week.

Sheen told Lauer that he had revealed his status to those whom he thought he could trust but instead faced attempted extortion to



ALL PHOTOS GETTY IMAGES

keep it secret. "What people forget is that it's money taken from my children," he said. "I trusted them and they were deep in my inner circle, and I thought they could be helpful. My trust turned to their treason."

MATT LEE

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## Gwyneth Paltrow's latest spat with Chris Martin



Just because you've consciously uncoupled from someone doesn't mean you're done having arguments with them — especially when there are children involved. At least, that's the lesson Gwyneth Paltrow is learning in her latest co-parenting battle with ex-husband Chris Martin, who is totally OK with 9-year-old son Moses getting a kid-size motorcycle, according to Radar Online. Paltrow, though, is having none

of it. Moses "can beg and plead all he wants, but Gwyneth will never buy him a motorized bike. She thinks they're dangerous and has always had an issue with them, even though she's ridden scooters herself over the years and even taken the kids for rides on them," a source says. "It's a point of conflict for Chris, who likes to spoil Moses and indulge his fantasies. Still, this is a battle she won't back down from, and she refuses to let him ride a motorcycle or minibike — at least until he's old enough to buy it himself." Come on, Gwyneth. Chris is clearly just trying to make up for naming the kid Moses. Let him have this one!

## DAILY VIDEO



YOUTUBE

## J.Law beats the Smosh boys at their own game

The Smosh guys decided to try out one of their prank interviews on Jennifer Lawrence — where one of the guys feeds awkward instructions into the other guy's earpiece — but little did they know another

team of pranksters teamed up with Lawrence to do the exact same thing back to them, with the help of Liam Hemsworth and Josh Hutcherson feeding her instructions like "don't understand a word he says" and "shoot him in the face" when she's handed a toy crossbow. "I'm going to be a little bit of a d—," she announces early on. So who do you think wins?

## Porsche not having the Paul Walker wrongful death lawsuit



This is hardly surprising, but the lawyers for Porsche take issue with a wrongful death lawsuit brought by the late Paul Walker's daughter, alleging his death could've been prevented if his car had been equipped with certain safety features. In court documents, Porsche alleges that Walker "knowingly and voluntarily assumed all

risk, perils and danger in respect to the use of the subject 2005 Carrera GT," according to E! News. The company adds the "risk and dangers were open and obvious and known to him and ... he chose to conduct himself in a manner so as to expose himself to such perils, thus assuming all the risks involved in using the vehicle."



## Rose McGowan is not Team Caitlyn

Not everyone is a big fan of Caitlyn Jenner, especially after her Glamour Women of the Year Awards acceptance speech during which she quipped that the "hardest part about being a woman is figuring out what to wear." Among her most vocal critics? Actress and director Rose McGowan, who posted — then quickly deleted — a lengthy, pointed open letter to Jenner on her Facebook page. "Woman of the year? No, not until you

wake up and join the fight. Not by a long f—ing shot," McGowan posted. "You do not understand what being a woman is about at all. You want to be a woman and stand with us? Well, learn us. We are more than deciding what to wear. We are more than the stereotypes foisted upon us by people like you. You're a woman now? Well f—ing learn that we have had a very different experience than your life of male privilege." Damn, girl.



@HerelsGina

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# Simon Pegg defends the rom-com

The geek god says he's not as much of a geek as you'd imagine.



MATT PRIGGE  
@mattprigge  
matt.prigge@metro.us

Simon Pegg is synonymous with geek culture. But his interests, as he tells us, are diverse. In "Man Up," he does his first straight-up rom-com, playing a divorced guy who goes out in London with a woman (Lake Bell) who, because of some misunderstandings, is actually only pretending to be his date. Pegg talks to us about not hating romantic comedies, his difficulties writing female characters and his interests other than "Star Wars."

**Rom-coms today rarely exist now unless they're anti-rom-coms.**

I hear this term "anti-romantic comedy," and I say, "Well, if you're going to make a romantic comedy, make a romantic comedy." A lot of people of late, in British romantic comedies as well, try to reinvent the rom-com by making fun of it or denigrating it to be subversive. Then it doesn't really work, because it stops being a rom-com, and it starts being just slightly snarky. Ultimately, what it



GETTY IMAGES

becomes is the very thing it's supposedly trying to dismantle.

**What caused the rom-com backlash?**

Maybe the rom-com became tiresome because it was about people we don't give a s— about falling in love because they were so beauti-

ful. Lake is attractive, but she's not conventionally beautiful. It makes her more relatable. And me, I'm not Matthew McConaughey by any means. Maybe my chest and stomach, but no one ever sees that. One thing I've heard the most whilst promoting this film is, "Why is he the lead in this film? Why is this ginger pig in a romantic comedy?" It's like, "Well, I'm a person. [Laughs] These things happen to people. They don't just happen to f—ing models."

**For awhile, Nancy might be creepier than rom-coms tend to allow.**

Men wouldn't write a woman like that. That's why I liked Tess [Morris] script. She wasn't afraid to make her creepy or just a bit desperate. If a man did write her, he'd probably be accused of misogyny. I've certainly always had a problem writing women. Edgar [Wright] and I will admit our weakness is writing good female characters. That's why our films are generally about blokes.



Simon Pegg and Lake Bell play singles who embark on an accidental date in "Man Up," hitting VOD on Friday. SABAN FILMS

## More than a nerd

**Almost every interview you've done has discussed your connection to geek culture, to "Star Wars" and "Star Trek" and "Doctor Who." But you seem to have non-nerd interests, too.**

I've cultivated that aspect of my public persona as much as anything. I often think of myself being looked on as a comedian or a geek. I don't feel I'm either of those things. I have certain geeky interests, and I'm very much a fan of those kinds of films. I wouldn't be working in them if I wasn't. But I do have a love of other things and aspirations beyond the everyday-guy-in-extraordinary-situation films.

**You wrote a piece earlier this year about the infantilization of culture. How severe was the backlash?**

A few things I said got hoisted up in the air as click-bait without any context. The column [I wrote in response] was trying to contextualize what I'd said. But it was huge. I'm not even on Twitter anymore, and I felt the waves of hate from people calling me a betrayer and that I'm biting the hand that feeds me. It's like, "Oh, f— off!" [Laughs]



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# Anthony Mackie takes on poverty



In "Shelter," out now, Anthony Mackie plays Tahir, an African emigre who's homeless in New York City. **SCREEN MEDIA FILMS**

## That pro-Trump misquote

A couple weeks ago, you were at the center of a social media storm because, in an interview, you said something that was interpreted as being pro-Donald Trump. You had to go on Twitter and say it was a joke after it blew up.

It was weird because, one, I didn't endorse Trump. She asked me a question about my character in the movie. So it was weird, but it was eye-opening, because up to that point, I thought we lived in America. Some of my best friends are Republicans — I mean crazy, hardcore Republicans. And they're my best friends. If you want to endorse Trump or Clinton or Rubio, good for you. That's your choice. I live in a very gray world, and a lot of people live in a black or white world. That's scary to me, and that's why I think we're so divided now. I was taken aback by the tweets and the Facebook posts. Everyone's a Twitter thug now. But when you see them, they're like, "Oh, my God, can I take your picture?" It's like, "No, let me see your Twitter page. Let me see what you've been tweeting."



GETTY IMAGES

The actor talks about playing a homeless man in "Shelter" and getting slammed for a misquote.



**MATT PRIGGE**  
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matt.prigge@metro.us

Anthony Mackie is in very different films this season. He has two holiday movies: the nice "Love the Coopers" and the raunchy "The Night Before" with Seth Rogen. He was just seen in the political satire "Our Brand Is Crisis." And he's in "Shelter," a small, intimate drama in which he plays Tahir, a Nigerian emigre who's currently homeless. Tahir joins up with Hannah (Jennifer Connelly), a junkie also trying to escape past trauma.

**You used to be a part-time New Yorker. Are you now full time in New Orleans?**

I'm 100 percent in New Orleans. If I'm not working, I'm in New Orleans. I just sold my restaurants [including NoBar in Crown Heights, Brook-

lyn] and just completely checked out of New York. I realized I worked a lot. When I have two or three days off, what do I want to do? Come to New York and check on the restaurant? Or go to New Orleans and go to my son's soccer game? I want to go to New Orleans and teach my son fishing. I want to take him to the track and race go-carts. I don't want to come here and have people complaining about having to wash mats.

**How did you ingratiate yourself into this world?**

There was a homeless shelter at the end of my block in Brooklyn. I would put on my baseball cap and put on my hoodie, and I would just sit on the corner. I didn't talk to anybody. I would just sit there and watch guys walk back and forth, just listening to them — how they would talk to each other, how they were addressing each other, the stories they were telling. And lo and behold, after about a week, one guy talks to me, another guy talks to me. Then I get invited to a card game. And then all of a sudden,

people are asking me, "How come I never see you at the shelter?" The drug dealers thought I was an undercover cop, so they started shooting me off the corner.

**There are constant reports about the ever-widening income gap in New York City, but it just gets worse and worse.**

Worse and worse. I met this family in Brooklyn. This guy said his apartment caught on fire. He didn't have renters insurance because he couldn't afford it. So he lost everything. He missed a week of work because he didn't have clothes or anything. He didn't have money, so he went to Goodwill, scraped up what clothes he could. Then he lost his job, because of the mental stress of that. He said he hadn't been able to get back on his feet. This is a college-educated man. All of us have a breaking point. You never know what that moment is going to be that sends you on a downward spiral.

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Edvard Munch, "The Scream," 1895 NEUE GALERIE



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From scenic photography to Hollywood kitsch, New York City's museums have some great art shows planned in the next few months. Here's a look at the most anticipated.



**RAQUEL LANERI**  
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**Steve McCurry: India**  
McCurry's gorgeous, richly colored photos span three decades, painting a vibrant portrait of contemporary India. **(Nov. 18 - April 4, 2016, Rubin Museum, 150 W. 17th St.)**

**Munch and Expressionism**

"The Scream" comes to New York! The Neue Galerie takes a

look at Edvard Munch's impact on German and Austrian Expressionists, featuring the Norwegian artist's seminal, famous painting. **(Feb. 18 - June 13, 2016, Neue Galerie, 1048 Fifth Ave.)**

**Walkers: Hollywood Afterlives in**

**Art and Artifact**

This exhibition looks at contemporary art's fascination with Hollywood iconography, with 100 works by 46 artists including Richard Prince, Mary Ellen Mark and avant garde filmmaker Guy Maddin. **(Through April 10, Museum of the Moving Image, 36-01 35th Ave., Queens)**



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# On the table: Thanksgiving expert tips

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**MONICA WEYMOUTH**  
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Your mashed potatoes are legendary. Your stuffing masterful. Your pumpkin pie? Let's just say there's a reason relatives travel down from Maine, and it isn't your lumpy guest bed.

Now, do you want this days-in-the-making feast to be served on just any table? Of course not. Step away from the plastic tablecloth and don't even think about inviting those novelty turkey napkins. We hit up the experts for table-escape tips that'll stand up to your top-secret cranberry sauce recipe.

## Don't overthink it

If you're not exactly a Pinterest pro, don't worry — with a little planning, a modern, sophisticated table-escape can come together in minutes. "I love tables that look like they were very easily put together, that have an effortless feel," says Grace Mitchell, the lifestyle blogger behind AStoriedStyle.com. "A cluster of small vases in the center of the table filled with monochromatic flowers makes for an easy-breezy look. Throw in a few candles or tea lights for a glow, and you have yourself a table ready for entertaining."

## The rules

Color palettes may be a matter of preference, but when it comes to place settings, there are rules, and the rules are there for a reason. "Maybe it's the Southerner in me, but you do not just set a table willy-nilly!" says Mitchell. "The forks go on the left, the knife and spoon on the right — the knife blade faces the plate. These are easily found via a quick Google search, and they're important to know when designing a table. A table can be set beautifully, but it just looks wrong if the place setting is not done correctly."

"My table this year is going to be lavender and emerald green with accents of gold, and while those colors may not be typical for a Thanksgiving table, they work together beautifully," says Grace Mitchell of AStoriedStyle.com.

GRACE MITCHELL, ASTORIEDSTYLE.COM

## Spin the color wheel

Just because your grandmother always pulled out the orange tablecloth and red napkins doesn't mean you have to. "I like to decorate in a color palette that is an extension of the rest of my home," says Melinda McCoy, who shares her gorgeous home over at House214Design.com. "It feels seamless and less jarring."

## Get fresh

"Creating a table with a fresh aesthetic can be as easy as a trip to your backyard," says Mitchell. "Place a few sprigs of rosemary on your table or some cuttings from a tree or bush. Then cluster seasonal vegetables or fruits



corn that I covered in gold glitter."

## Work with what you've got

Before you go shopping, take a look through your cabinets — family heirlooms add a special touch to the holiday table. "Just

like a room, a table needs a little old mixed in with the new," says Mitchell. "Dust off Grandma's platter or bring out your aunt's dessert plates to layer in with your modern ones."

After all, a big-box store can never compare to your own treasures

and trinkets. "Of course, it's fine to buy from the stores we all know, but mix those items with those that tell your story," says McCoy. "Remember, it isn't the products themselves that make a beautiful table-escape, it's the story behind them. Honor your story."

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Mats Zuccarello salutes the MSG crowd on Sunday after being named first star of the game. GETTY IMAGES

# Rangers not satisfied despite a strong start

Blueshirts still with plenty of room for improvement.



DENIS GORMAN  
@DenisGorman  
sports@metro.us

Teams cannot win the Stanley Cup in November. But teams use the 11th month of the year to put themselves in position to be able to play for the silver chalice come the spring.

Just ask the New York Rangers.

"Our record is pretty good," Alain Vigneault said. Following Sunday's 4-3 win over Toronto, the Rangers enter this week 14-2-2 overall, and in the midst of a nine-game winning streak.

The Rangers will travel to Tampa on Thursday and Sunrise, Florida, on Saturday, and could set a franchise record for consecutive wins should they sweep the Lightning and Panthers.

Entering this week, the Rangers rank third in the NHL in total goals scored (56), fourth in goals per game average (3.11), and lead the league in goals against per game (1.72).

So everything's great, right? Plan the parade and all that? Reserve the Canyon of Heroes for sometime in mid-June?

Well, maybe it would be prudent to slow down a bit.

"The play has been up and down," Dan Girardi said after the Carolina win. "There have been some breaks in between



Derek Stepan finds the net against the Maple Leafs on Sunday. GETTY IMAGES

the games, some longer stretches with some days off and practices. I think maybe it's good that it doesn't feel like a six-game-win streak so you don't get complacent. You want to just keep getting better every game and we are still trying to get that 60 minute, real good game. Obviously it's hard to have a 60-minute perfect game in this league. You are going to have teams get opportunities, have some momentum changes, but it's all how you handle it, and we've been doing a good job of that. When something goes wrong, we get a big save or a big play, get the play going back the other way and have some momentum in our favor."

What needs improvement?

Well, goal scoring from Rick Nash and Chris Kreider would be as good a starting point as any.

Coming into the 2015-16 season, the expectation was Nash and Kreider would each score 30 goals. Seven weeks into the season, Kreider has three, and Nash has only found the back of the net twice.

"It's no secret it's been a frustrating start. I'm lucky I'm at a point in my career where I'm interested in wins and winning games and being on a winning team, but you always try to help out. It was finally nice to get one; it was a great pass by [Mats Zuccarello]," Nash said after the win over Carolina.

His goal, 11 seconds after Jesper Fast's first period game-winner gave the Rangers a 2-0 lead. "It's frustrating when you're supposed to score goals on a great team and you can't achieve that. I think Zuke and Brass [Derick Brassard] have been looking for me for a while and finally one went in.

"If we had a losing record I think it'd be a lot different, but I'm at the point in my career — obviously I want to score and I want to help my team win — but 11-2 means a lot more than if I had 10 goals right now and we were 2-11."

The Rangers are back in action Thursday, at Tampa Bay (7:30 p.m., MSG).

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## NFL

Source: Fitzpatrick should be good to go on Sunday

If it was a "thumbs up Monday" for the New York Jets and quarterback Ryan Fitzpatrick, then the rest of the week might just be two thumbs up. News is sounding good that the Jets quarterback will practice this week and, if all goes according to plans, will start this Sunday at the Houston Texans.

Fitzpatrick had surgery on Friday to repair torn ligaments in his left thumb, an injury he suffered three weeks ago in a loss at the Oakland Raiders. A league source told



Metro that Fitzpatrick "is currently on track to practice this week and play.

"He is recovering well and doing great," the league source said. "He's getting a bit antsy and definitely wants to return to

the field and with his teammates. But everyone is pleased with his recovery.

"Is he ahead of schedule? I think it is fair to say he is healing well and on track." Fitzpatrick has the Jets currently with the No. 20 passing offense in the league. It certainly isn't lofty heights, but compared to last year when they were the worst passing offense in the league, this year certainly shows strong improvement. KRISTIAN DYER

## NFL power rankings | by Luke Miller

No. 1

### Patriots (9-0)



If even the Giants can't beat the Patriots, the NFL is in trouble, especially because New York getting a shot at a rematch in the Super Bowl seems... unlikely. Give Stephen Gostkowski credit for his 54-yard game-winning kick as so many kickers struggle.



No. 4

### Bengals (8-1)



Maybe it's not a playoff bug Cincinnati has, and just a Texans bug. Andy Dalton and the offense looked as poor Monday night as they have in two recent postseason losses to Houston. Unfortunately, after this victory, Houston is in first place in their division and again on track for the postseason.

No. 6

### Steelers (6-4)



It's a weird league when the Pittsburgh Steelers boast the game's best aerial attack but at this point, don't they? Antonio Brown has 27 receptions over the last two games for about a million yards, and he wasn't even the team's leading receiver against Cleveland.

No. 8

### Packers (6-3)



Forget talk about losing ground to Carolina in the home field race, forget about fighting for the division lead with the Vikings. After a home loss to Detroit, the Packers need to figure out how to win a game. And fast, with a trip to Minnesota looming this week.

No. 11

### Jets (5-4)



Yeah, this loss hurt, but the best thing to come out of it is the rediscovering of the Jets' ground game and Chris Ivory, who finished with 99 rushing yards. When all's said and done, the AFC is still wide open and only one nondivision leader (Pittsburgh) has more wins than the Jets.

No. 2

### Panthers (9-0)



Leave it to the Panthers to be rebels. Didn't they get the memo that the NFL's best teams were supposed to lose to poor teams this weekend? Losing is the one thing they can't seem to do. Only one team left on their schedule has a winning record, though they do appear twice: the Falcons.

No. 3

### Cardinals (7-2)



A St. Louis loss put the Cardinals a clean three games clear atop their division. Weathering Seattle's comeback attempt and retaking the lead was impressive. While a lot of the other contenders have glaring "ifs" and "buts," Arizona looks remarkably well-balanced.

No. 5

### Vikings (7-2)



Teddy Bridgewater looked fine a week after St. Louis knocked him out of the game, Adrian Peterson tied an NFL record with his sixth career 200 yard game on the ground, and the Vikings took over sole possession of first place in their division. The Vikings have won five in a row and seven of eight.

No. 7

### Broncos (7-2)



No football fan should have to watch one of their generation's greatest QBs set the NFL passing yardage record in a game he finishes (or doesn't, even more sadly) 5-for-20, for 35 yards, and four interceptions. Sunday was a parody of the reservations we've had about Denver's offense all season.

No. 9

### Chiefs (4-5)



The Chiefs make a surprise return to the top 10 after going 1-5 to start the season and nearly falling off of everyone's radar. Red-zone offense is still a problem for Kansas City, which kicked five field goals (and attempted six) while utterly dominating the Broncos.

No. 17

### Giants (5-5)



Yeah, we're bumping them up after a loss. If the Giants played the Patriots every week, their record might be worse, but they'd sure have looked like a better team. New York fans have to wonder why they can't get this level of play every week.

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### NOTICE IS HEREBY GIVEN

that a license, Number 1289349,  
for Restaurant Wine has been  
applied for by the undersigned  
to sell Beer & Wine at retail in a  
Restaurant under the Alcoholic  
Beverage Control Law, at  
35-30 Union Street, Flushing,  
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consumption. Jin Dal Lee 7 Inc.

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that a license, Serial # 1290106,  
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Alcoholic Beverage Control Law  
at 361 Graham Ave., Brooklyn, NY  
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of RYUMAN REALTY LLC.  
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If you are interested in participating or would like  
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PLEASE CONTACT MATTHEW AT 718-920-3782.

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**NOTICE IS HEREBY GIVEN,** PURSUANT TO LAW, that the NYC Department of Consumer Affairs will hold a Public Hearing on Wednesday November 18, 2015 At 2:00 p.m. at 42 Broadway, 11th Floor, on a petition for Rehandari, LLC to establish, maintain, and operate an unenclosed sidewalk cafe at 24 9th Ave. in the Borough of Manhattan for a term two years.

REQUESTS FOR COPIES OF THE REVOCABLE CONSENT AGREEMENT MAYBE ADDRESSED TO: DEPARTMENT OF CONSUMER AFFAIRS, ATTN: FOIL OFFICER, 42 BROADWAY, NEW YORK, NY 10004

**NOTICE IS HEREBY GIVEN** that a license, Number 1290062, for Restaurant Wine & Beer has been applied for by the undersigned to Sell Wine & Beer at retail in a Restaurant under the Alcoholic Beverage Control Law at 4961 Broadway, New York, NY 10034, for on-premises consumption. GC Restaurant Corp. d/b/a Garden Cafe.

**NOTICE OF FORMATION** of 181 BX HOLDINGS LLC. Articles of Organization filed with the Secy. of State of New York (SSNY) on 09/28/2015. Office location: Bronx County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o 737 East 219th Street, Bronx, NY 10467. Purpose: any lawful activity.

The annual return of the L&I Wassner Family Foundation, Inc. for the year ended December 31, 2014 is available at its principal office at 622 Avenue K, Brooklyn, NY 11230, 718-377-8086, for inspection during regular business hours by any citizen who requests it within 180 days hereof. The Foundation's principal manager is Isabell Wassner

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## metro.us/horoscopes



**Aries** Make plans with someone you love to spend time with and enjoy discovering something new and exciting. Romance will improve your life.



**Taurus** If you are too sensitive, someone will see you as being weak. Regardless of how you feel, refuse to let anyone see your vulnerabilities.



**Gemini** Your charm will attract interest, but before you persuade others to contribute to your plans, make sure that what you attempt is realistic.



**Cancer** Enjoy conversations with family, friends and people you encounter who have a unique or different approach to life, love and happiness.



**Leo** Keep your life in perspective and refuse to be coerced into a debate with someone who chooses to think or do things differently than you.



**Virgo** You will have good ideas, but don't force them on others. If someone does show interest, be skeptical regarding his or her motives.



**Libra** If you share your feelings, you will be granted the freedom to live your life as you please. A skill deserves a chance to be developed.



**Scorpio** Think before you get involved in someone else's personal affairs. Strive to be understanding and show compassion, but don't meddle.



**Sagittarius** You can impress others, but make sure that whatever you do or say, you don't embellish or make promises you cannot keep.



**Capricorn** If you want something, you should ask for it, but be sure to offer incentives. Your give-and-take attitude will be what leads to your success.



**Aquarius** Don't say something you'll regret or get into an argument with someone. Before engaging in a losing battle, look inward.



**Pisces** Don't underestimate a job you've been asked to do, or you will end up looking bad. Keep your plans simple.

EUGENIA LAST

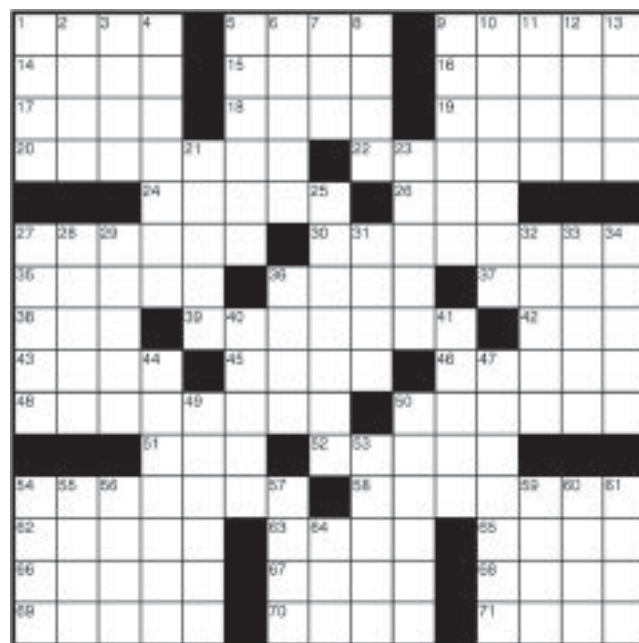
## Across

1 Maintain  
5 Audit aces  
9 Hotel employee  
14 Vegas rival  
15 Sarah — Jewett  
16 Jung's inner self  
17 What rainbows are  
18 Billion, in combos  
19 Slippery fabric  
20 Toothless whales  
22 Bacon servings  
24 Vagabond  
26 Ms. Busch of old movies  
27 Lyrical  
30 Made the most of  
35 Fragrant blossom  
36 RN employers  
37 "— Lisa"  
38 Forty Thieves' outwiter  
39 Chatty feline  
42 — King Cole  
43 Radar O'Reilly's soda  
45 Club fee  
46 Slice  
48 19th. century Beau  
50 Gold Medals  
51 Extinct bird  
52 Mote  
54 Swift antelope  
58 More impudent  
62 Player's rep  
63 Woe is me!  
65 Eye amorously

66 Not those  
67 Druid  
68 Rock's "cushion"  
69 Maneuvered slowly  
70 Bad actors  
71 Was, to Ovid

## Down

1 United — Emirates  
2 Actress — Miles  
3 SASE, e.g.  
4 Hieroglyphics stone  
5 French brandy  
6 Light-refracting crystal  
7 Filmmaker — Lee  
8 Dry up  
9 Feudal tenant  
10 Disneyland site  
11 Lower-calorie, in ad-speak  
12 Omani title  
13 Lies on the beach  
21 Ambler and Idle  
23 Faulty  
25 Beats, as with fists  
27 Fallback strategy (2 wds.)  
28 Crude carrier  
29 Yale of Yale



31 Be on your —!

32 Frigid and temperate

33 Pass, as a bill

34 Goes with

36 Lug or carry

40 Perfect

41 DeMille movies

44 Vast

47 Trying

49 Lost hair

50 Ceremonial dinners

53 Choir selection

54 Admission receipts

55 Turkish official

56 Last letters

57 Per person

59 Borodin prince

60 Ms. Lanchester of films

61 Take a breather

64 Meadow

For crossword answers, go to [metro.us/crossword-answers](http://metro.us/crossword-answers)metro.us  
/games

## metro.us/sudoku

easy

			8			1	5	
8				5			2	
		2	1		6	7		3
1	6						9	
			3	4				
	4						6	8
4	6	7		9	8			
	8			3				1
	5	3			8			

hard

	3				7	5	4	
				2	3			1
2						9		
6			7	3	9			
	4	9				3	5	
			5	8	4			9
		8						5
5			3	1				
	6	2	4				7	

## metro.us/truthfacts



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## metro.us/quiz

How well do you know  
Ryan Gosling movies?

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[metro.us/puzzles](http://metro.us/puzzles)

## Hexagon Word

Use the clues to fill in the spaces in the numbered hexagons. Each answer runs clockwise but can start anywhere in the shape. Where hexagons touch, they have the same letter. We've given you the first answer. The letters in the middle hexagon reveal a mystery keyword.

### Clues:

1. Scary (movie)
2. Commotion
3. Scratch disinfectant
4. Anglican parish priest
5. Foolish talk
6. Conned



## Mix 'n' Match

Take a set of letters from each column and combine them to form a nine-letter answer to each clue. Once finished, the remaining sets of letters will spell out another nine-letter word. This is your answer

### Clues:

1. Entertaining
2. Bass or lead player
3. Tickled pink
4. Spectators
5. Frequently
6. Bandleader
7. Mentally pictured
8. Triumphs

CON	OYA	BLE
DEL	TAR	ERS
ENJ	IGH	GED
ENV	OOK	IST
GUI	ULA	IVE
LUC	DUC	RLY
ONL	ISA	SES
REG	RAT	TED
SUC	CES	TOR

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Artisan, #KSM150APS.  
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